

# Flushing it Out

## Best Practices in Barrier-Free Design

With Kate Dailey & Joanne Koola

Perkins&Will

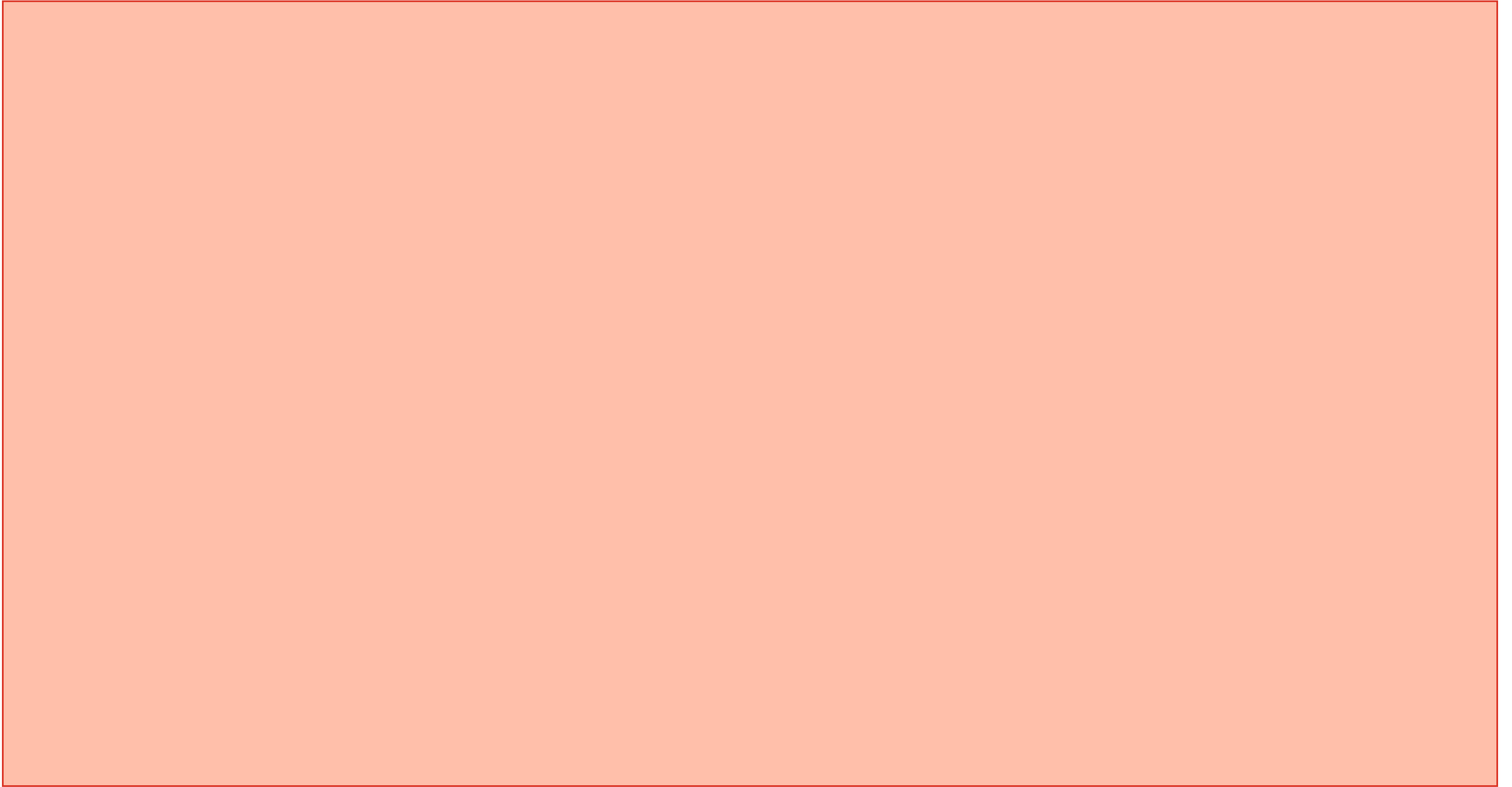


**Disability is a natural aspect of the human condition. As people live longer, as we fight more wars, as medical care continues to improve - more and more people who might have died in an earlier era will live. Perhaps with a disability. We should accept it. Plan for it. Build our society around it.**

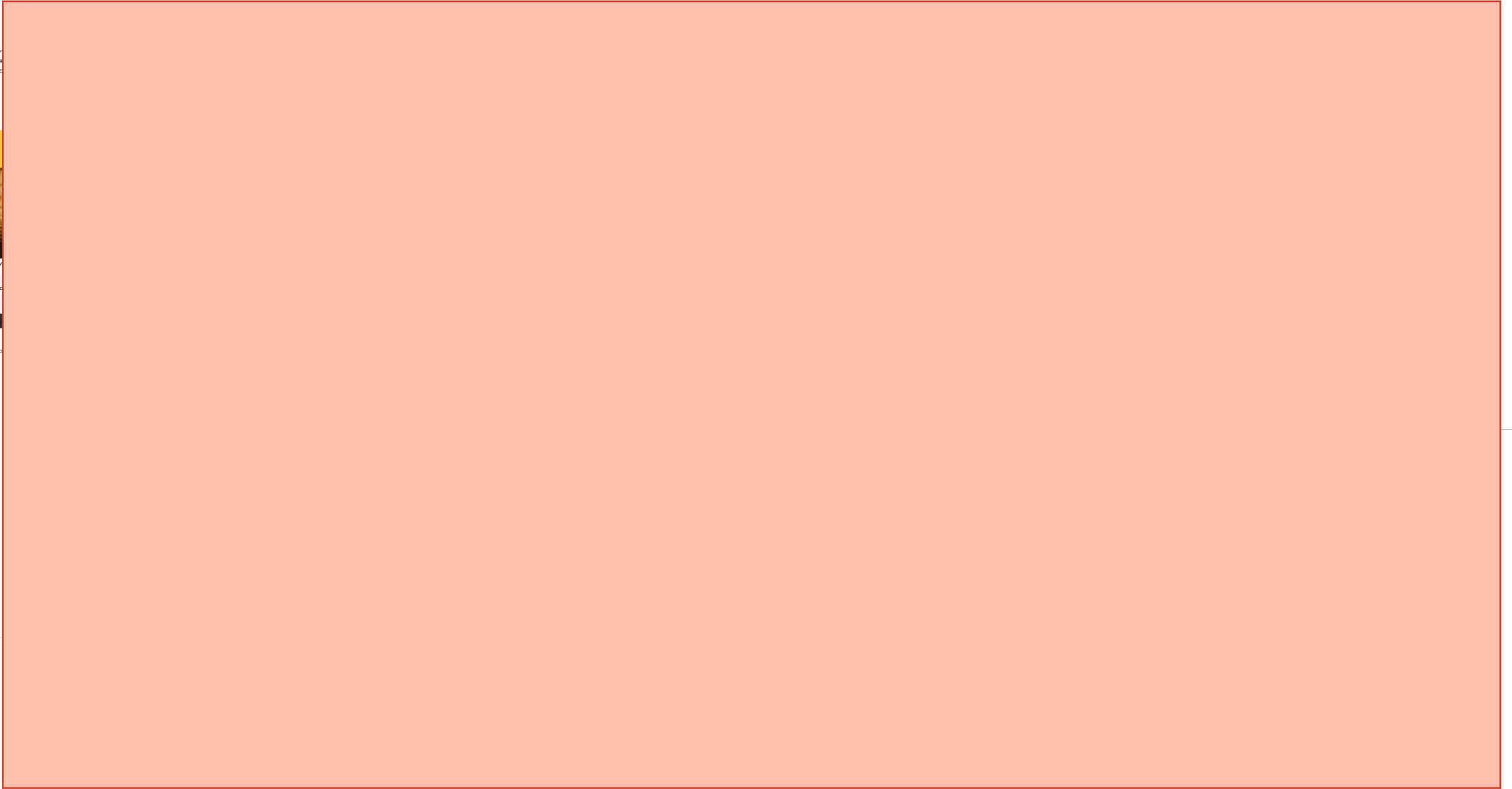
- Judith Heumann, *Being Heumann*, 2020



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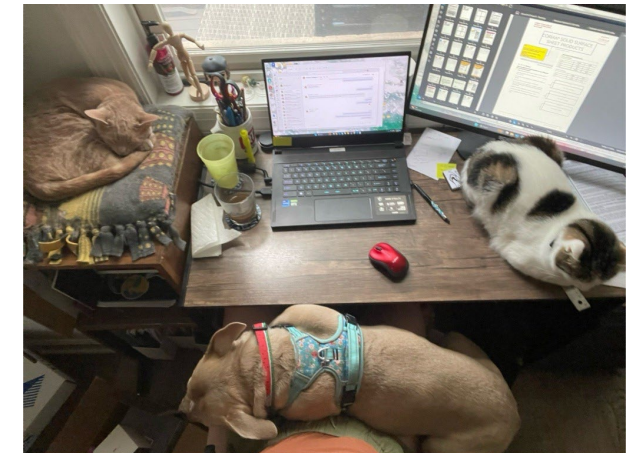
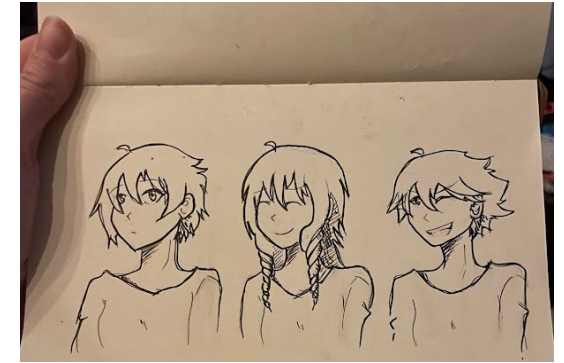






# Kate Dailey

Project Architect, Inclusive Design Advisor







**Joanne Koola**  
Designer III, K-12 Education  
Practice Area



## Flushing it Out – Best Practices with Barrier-Free Design

Today

### Agenda:

- **Basics of Barrier-Free Design**
- **What is Safe Harbor?**
- **Inclusive Design Ideas**
- **District-Preferred Accessories**
- **Child Height Considerations**
- **2017 A117.1 Updates**
- **Resources**

### Learning Objectives:

1. Expand your knowledge of what makes a toilet room “barrier-free”.
2. Learn how to work with different types, and time periods, of existing conditions - to enhance the inclusivity of any toilet room.
3. Explore case studies regarding the intricacies of construction administration on a revamped toilet room in an existing school.
4. Learn about the updated toilet room requirements in the 2017 ICC A117.1 Accessible and Usable Buildings and Facilities.

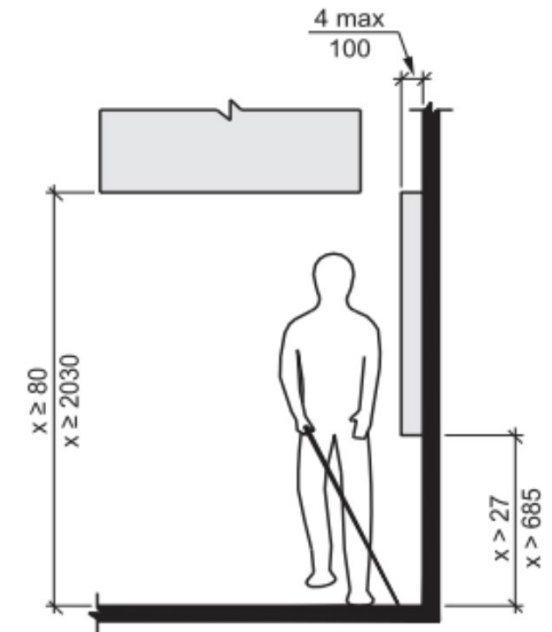


## Flushing it Out – Best Practices with Barrier-Free Design

### Definition

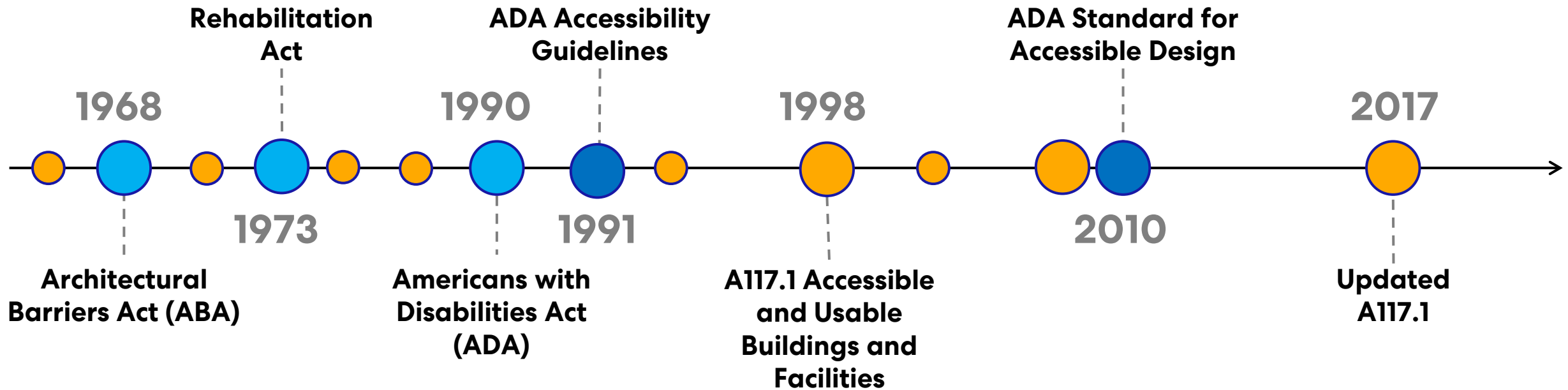
Barrier-Free Design, also commonly referred to as ADA, ensures that a design meets the bare minimum of codes and standards.

A commonly overlooked issue in barrier-free design is the dreaded “protruding object”. This topic is covered extensively in this presentation.



## Flushing it Out – Best Practices with Barrier-Free Design

Timeline (extremely condensed!)



## Flushing It Out – Best Practices with Barrier-Free Design

### What's the Difference?

Americans with  
Disabilities Act

**ADA**

the “Why?”

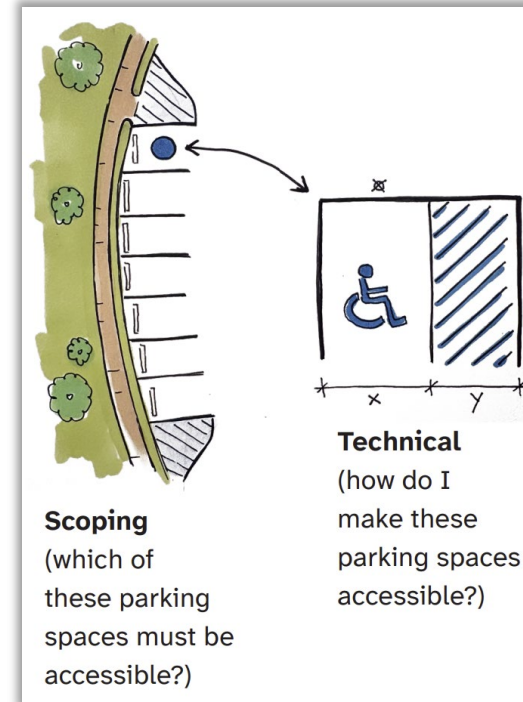
The ADA is a federal law regarding inclusion in the built environment. The ADA Standards are the requirements of that law, both scoping and technical. The ADA Standards are not a building code.

Accessible and Usable  
Buildings and Facilities  
(ICC = Int'l Code Council)

**ICC A117.1**

the “How?”

ICC A117.1 (formerly known as ANSI A117.1) describes technical requirements of accessible elements and is adopted as part of a building code (IBC).



**IBC**

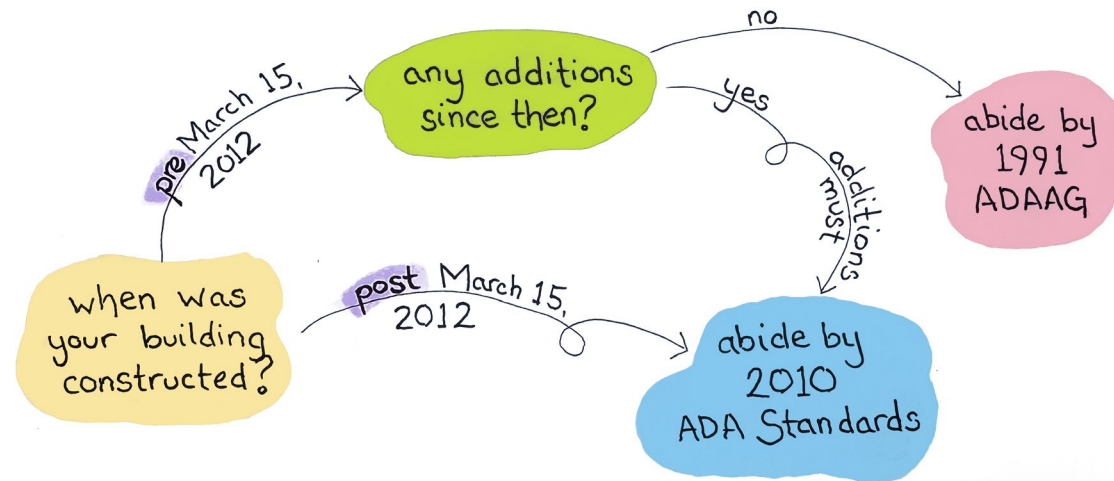
the “Where?”

Chapter 11 of the International Building Code (IBC) describes scoping requirements (quantities, dispersion, etc.) of the accessible elements detailed in ICC A117.1.





# First steps of barrier-free design



Check **which version of IBC** (or other building code) you will be using – this will determine which version of ICC A117.1 you will reference.

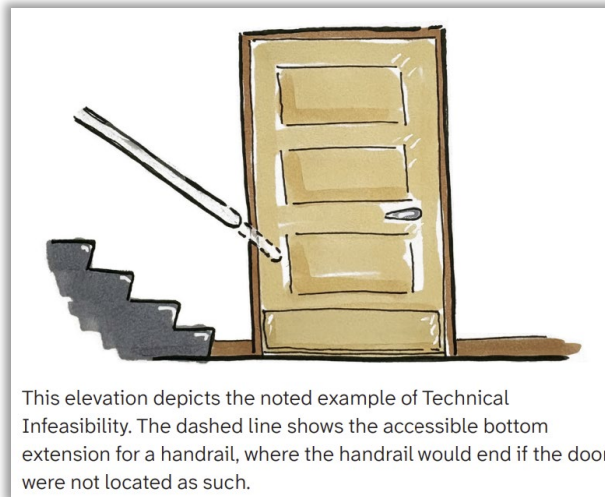
Identify **what is “new construction”** (including additions) **and “existing construction”** within your project.

Familiarize yourself with **the Access Board’s Animation page** – helpful diagrams and FAQs on accessible design.



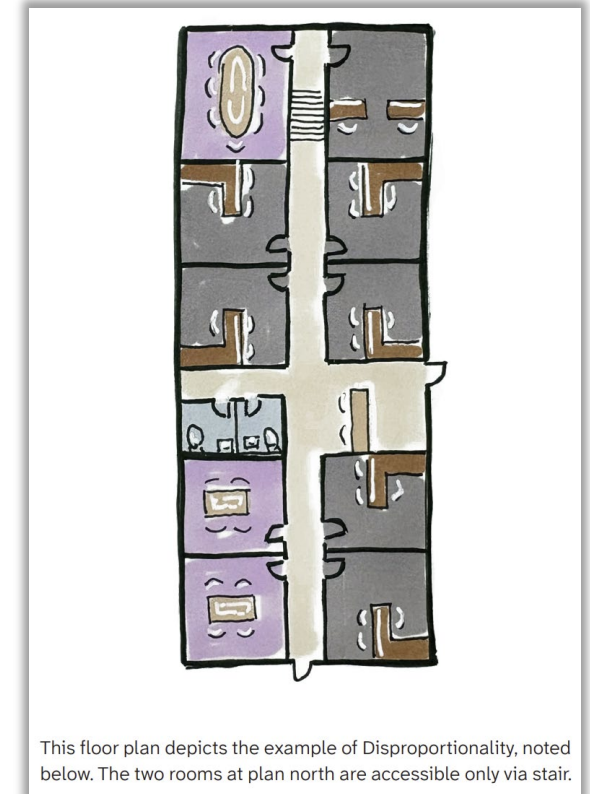


## Second steps of barrier-free design



**Research!** The locality may have its own accessibility code, on top of (or in lieu of) the ICC A117.1.

In existing construction, understand the ideas of **DISPROPORTIONALITY**, **TECHNICAL INFEASIBILITY**, and **SAFE HARBOR** found in the ADA Standards

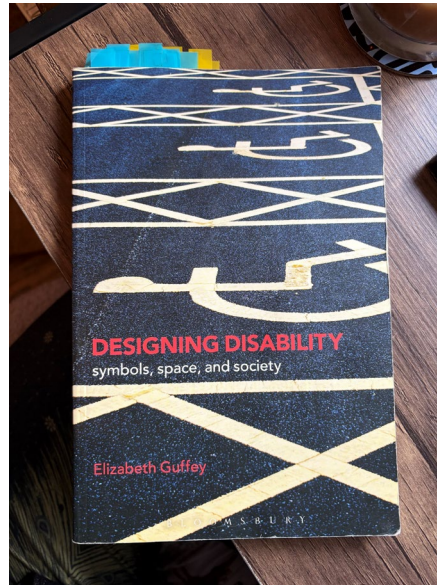


## Flushing it Out – Best Practices with Barrier-Free Design Signage

when standards  
require the ISA by  
name, use this



**ISA** (International  
Symbol of Accessibility)

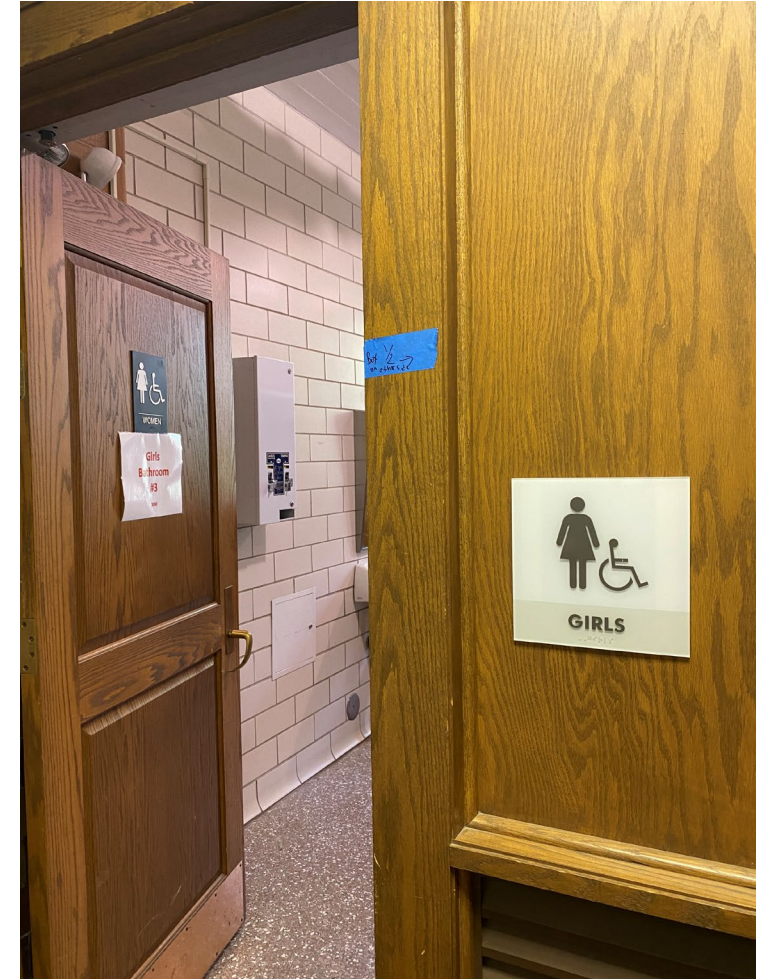


**Accessible Icon**

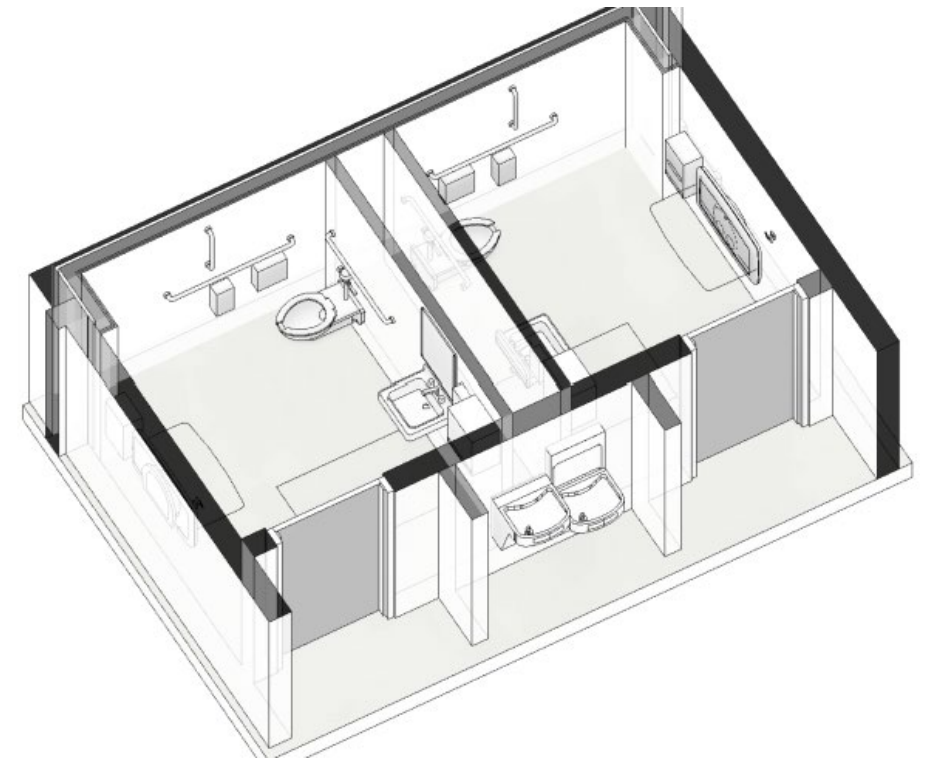
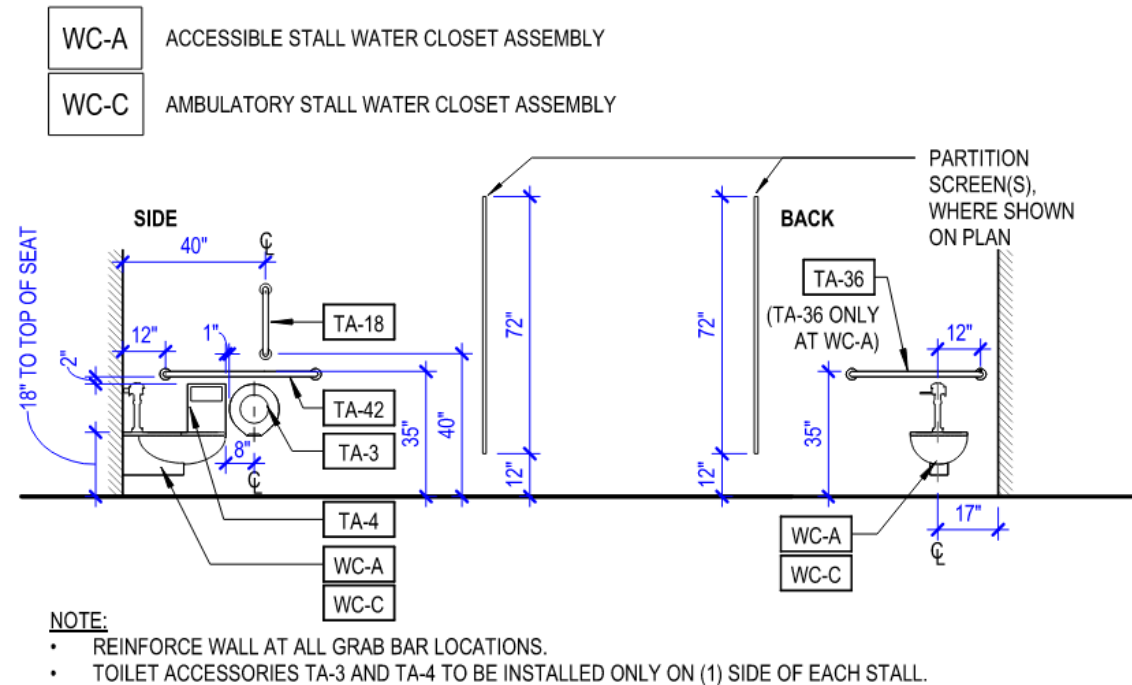
“We were surprised by its success and by the criticism. But we were glad, most of all, for the **newly awakened debate** it raised about disability, **a subject of unfinished rights and unscripted futures** that must continually be brought into the public eye.” Sara Hendren, “What Can a Body Do?”

## Flushing it Out – Best Practice with Barrier-Free Design Signage

- **In new construction, all toilet rooms are required to be accessible.**
  - The caveat to this rule is that only 50% of single-user toilet rooms in any given area are required to be fully accessible.
- **If not all toilet rooms in a building are accessible:**
  - ISA is required at the accessible toilets.
  - Directional signage is required at the inaccessible toilets, telling a user where to go for accommodations.
- **If all toilet rooms in a building are accessible:**
  - ISA is not required at any toilet room, but it may be nice to provide.



# What makes a toilet room barrier-free?





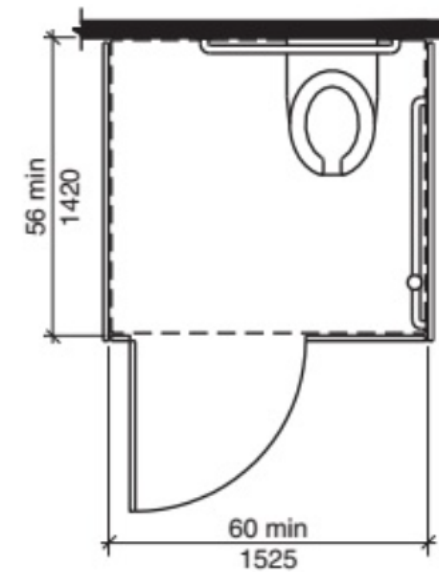
## Flushing it Out – Best Practices with Barrier-Free Design

### Case Study #1



#### 604.9.2 Size

Wheelchair accessible toilet compartments shall comply with Section 604.9.2.1, 604.9.2.2 or 604.9.2.3 as applicable.



**FIGURE 604.9.2(A)**  
**WHEELCHAIR TOILET COMPARTMENTS WALL HUNG CLOSET, ADULT**

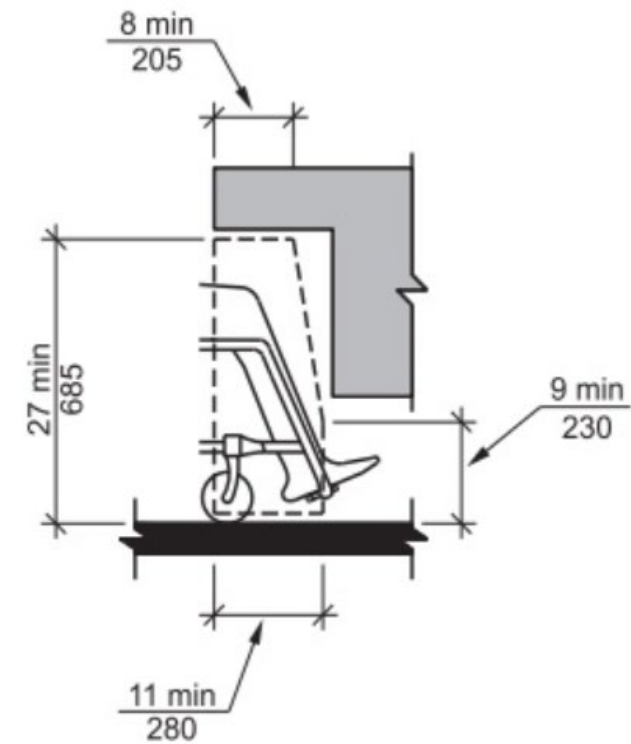


## Flushing it Out – Best Practices with Barrier-Free Design

### Case Study #2



### 306.3 Knee Clearance



Flushing it Out – Best Practices with Barrier-Free Design

Case Study #3

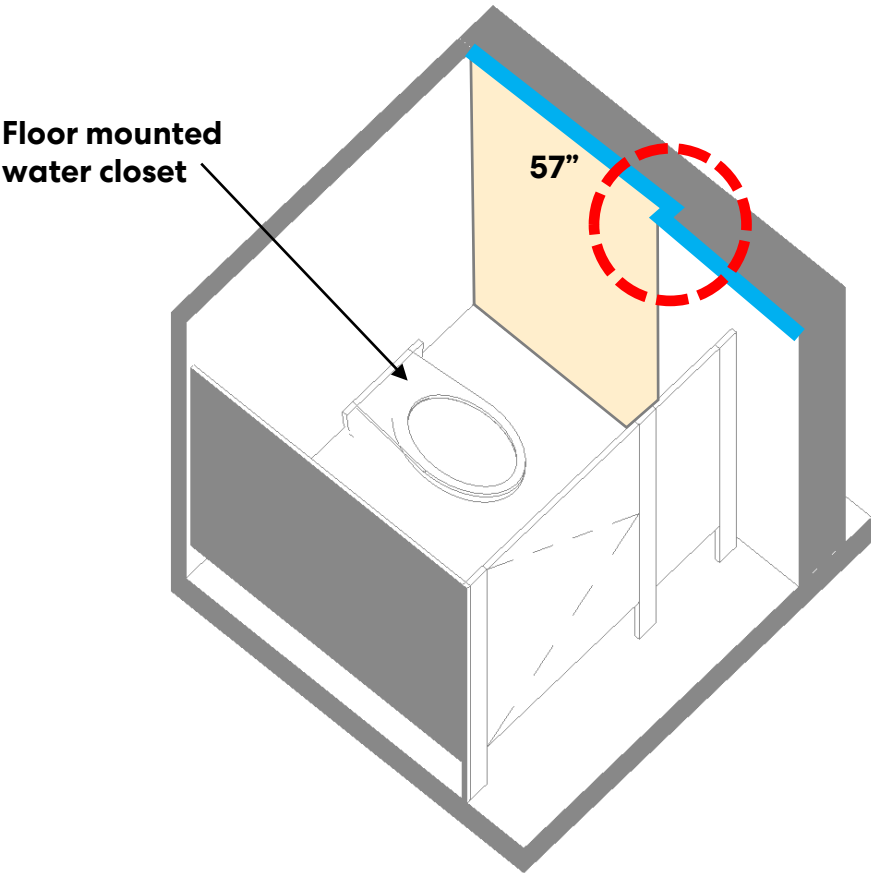
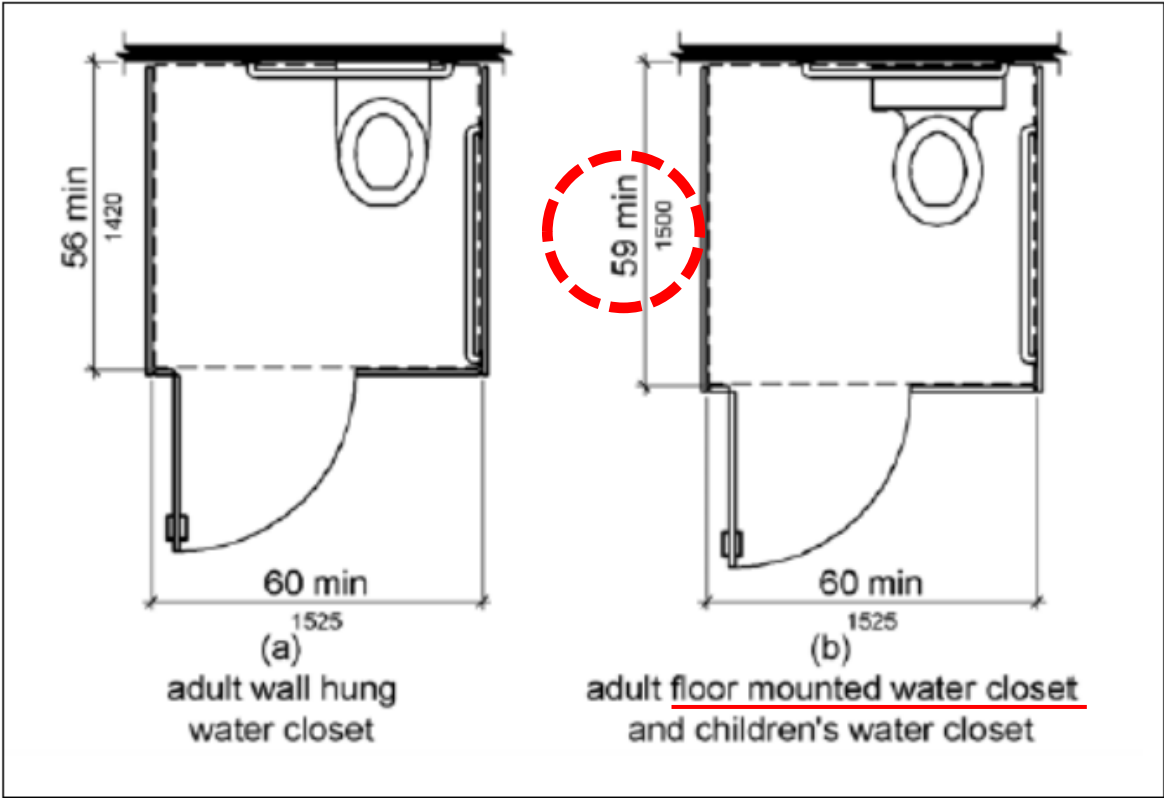


Figure 604.8.1.1



Size of Wheelchair Accessible Toilet Compartment





## Flushing it Out – Best Practices with Barrier-Free Design

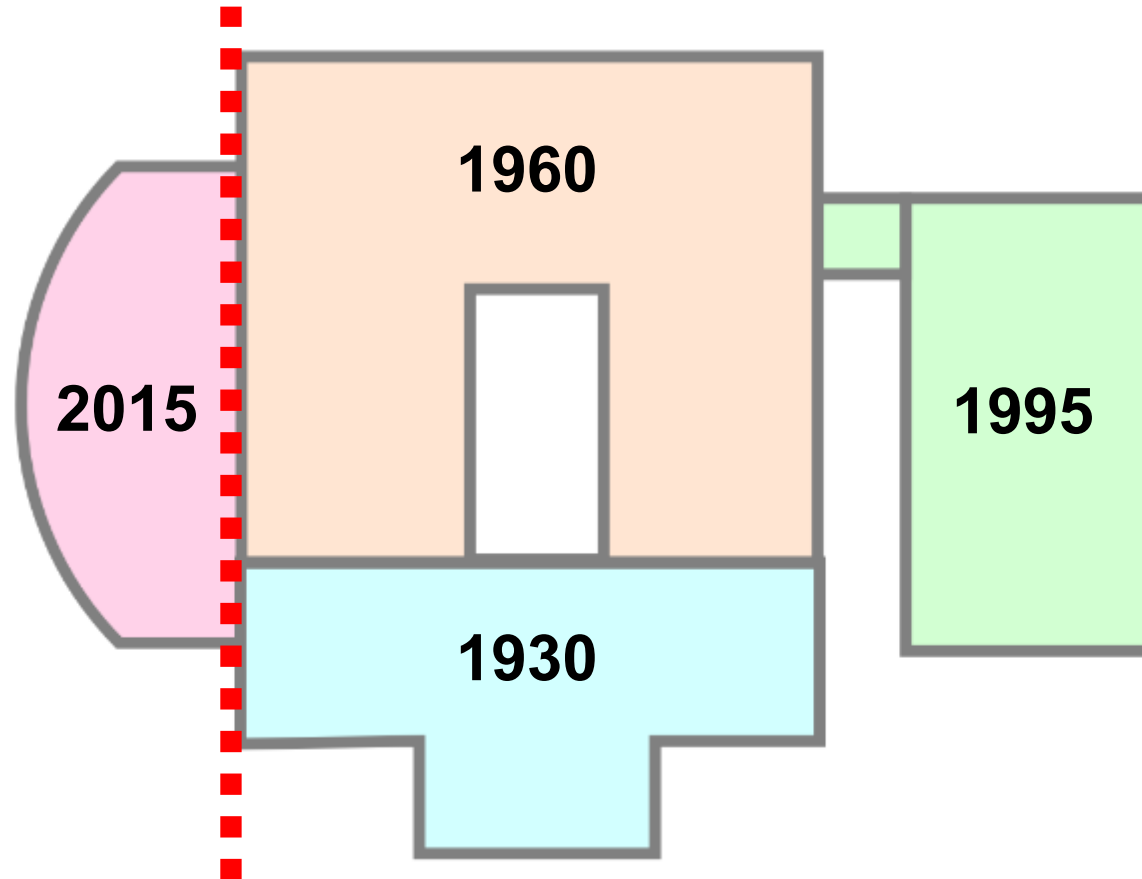
### Case Study #3



## Flushing it Out – Best Practices with Barrier-Free Design

### Safe Harbor

**2010 ADA  
Standards**



**1991 ADA  
Accessibility  
Guidelines**

*Safe harbor. If a public entity has constructed or altered required elements of a path of travel in accordance with the specifications in either the 1991 Standards or the Uniform Federal Accessibility Standards before March 15, 2012, the public entity is not required to retrofit such elements to reflect incremental changes in the 2010 Standards solely because of an alteration to a primary function area. (28 CFR 35.151 New Construction and Alterations, part c)*

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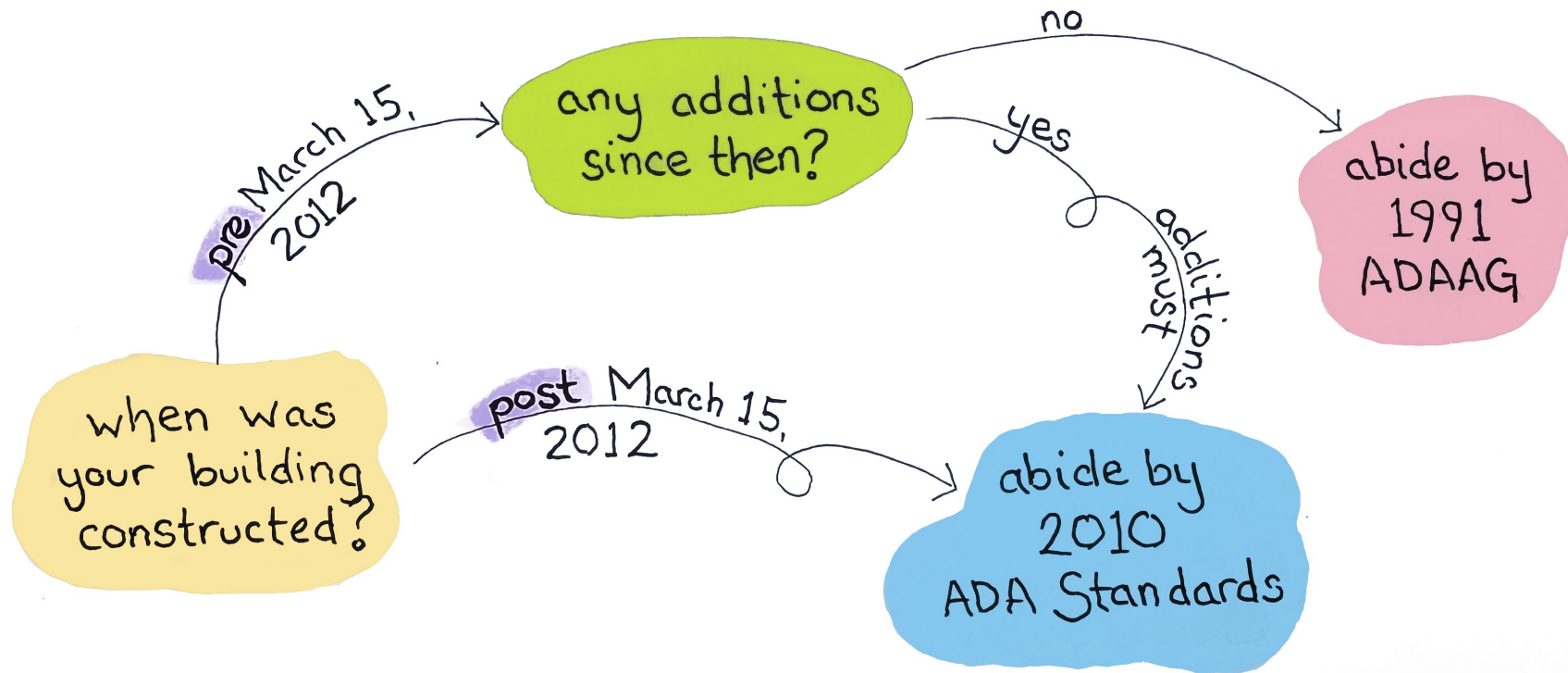


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# What version of ADA must I follow?



## Flushing it Out – Best Practices with Barrier-Free Design

### Maneuvering Clearance at Single-User Toilet Room



~ built before March 15, 2012 ~

*1991 ADA Accessibility  
Guidelines*



~ built after March 15, 2012 ~

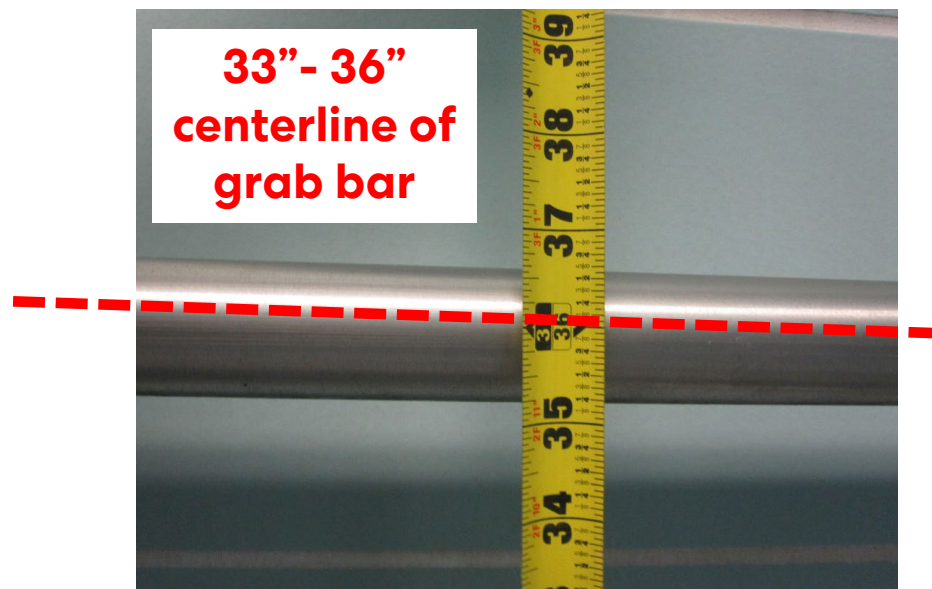
*2010 ADA Standards*





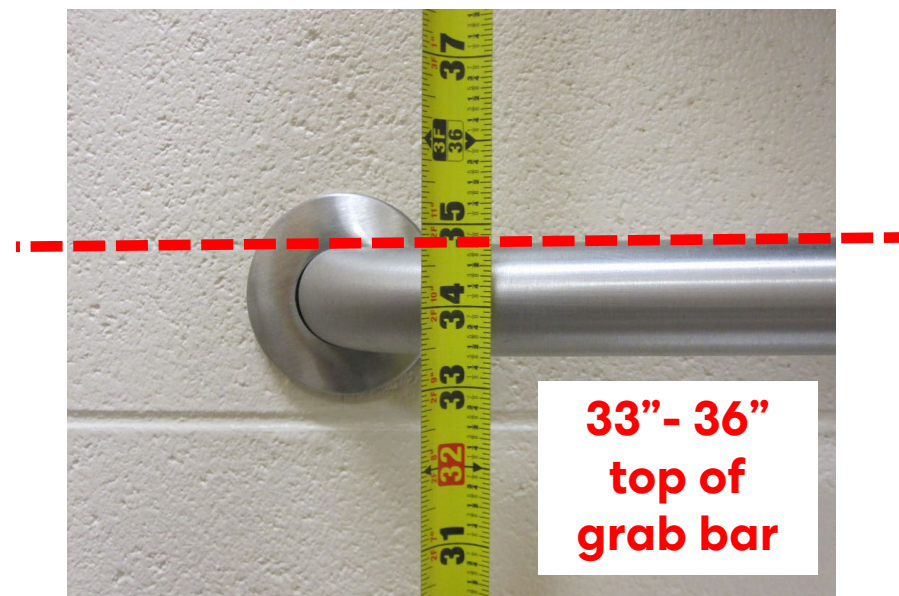
## Flushing it Out – Best Practices with Barrier-Free Design

### Grab Bar Height



~ built before March 15, 2012 ~

*1991 ADA Accessibility  
Guidelines*



~ built after March 15, 2012 ~

*2010 ADA Standards*



## Flushing it Out – Best Practices with Barrier-Free Design

### Reach Range



**~ built before March 15, 2012 ~**

*1991 ADA Accessibility  
Guidelines*



**~ built after March 15, 2012 ~**

*2010 ADA Standards*





**In many ways, the built environment  
– and by extension society as a whole  
– plays a profound role in  
determining who can access spaces,  
and who cannot.**

- Elizabeth Guffey, *Designing Disability: Symbols, Space, and Society*, 2018



## Flushing it Out – Best Practices with Barrier-Free Design

### How Can We Make Toilet Rooms Even More Inclusive?

- **Consistency/predictability** of toilet room layout
- **Tactile map** at toilet room entrance
- **Occupancy indicators** – lights, locks
- **Label doors** for ambulatory/accessible stalls
- **Enlarge** non-accessible stalls – 32” vs 36”
- Use of **standard language**
- **Full-height** partitions



\* Photo of toilet room in Kansas City, MO airport



\* Snip from video on Molly Burke LinkedIn page, filmed at Guide Dogs Australia



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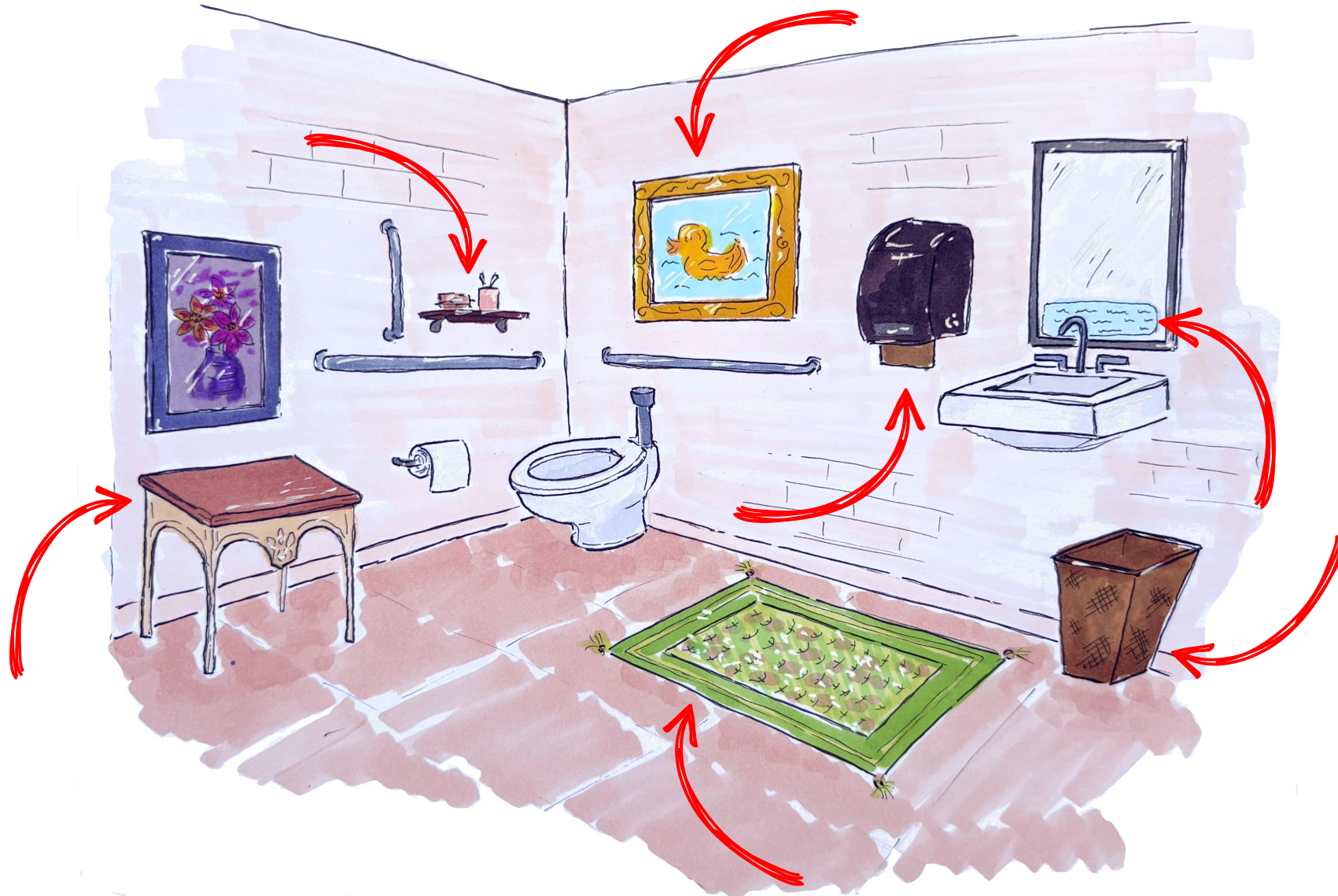
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## Flushing it Out – Best Practices with Barrier-Free Design

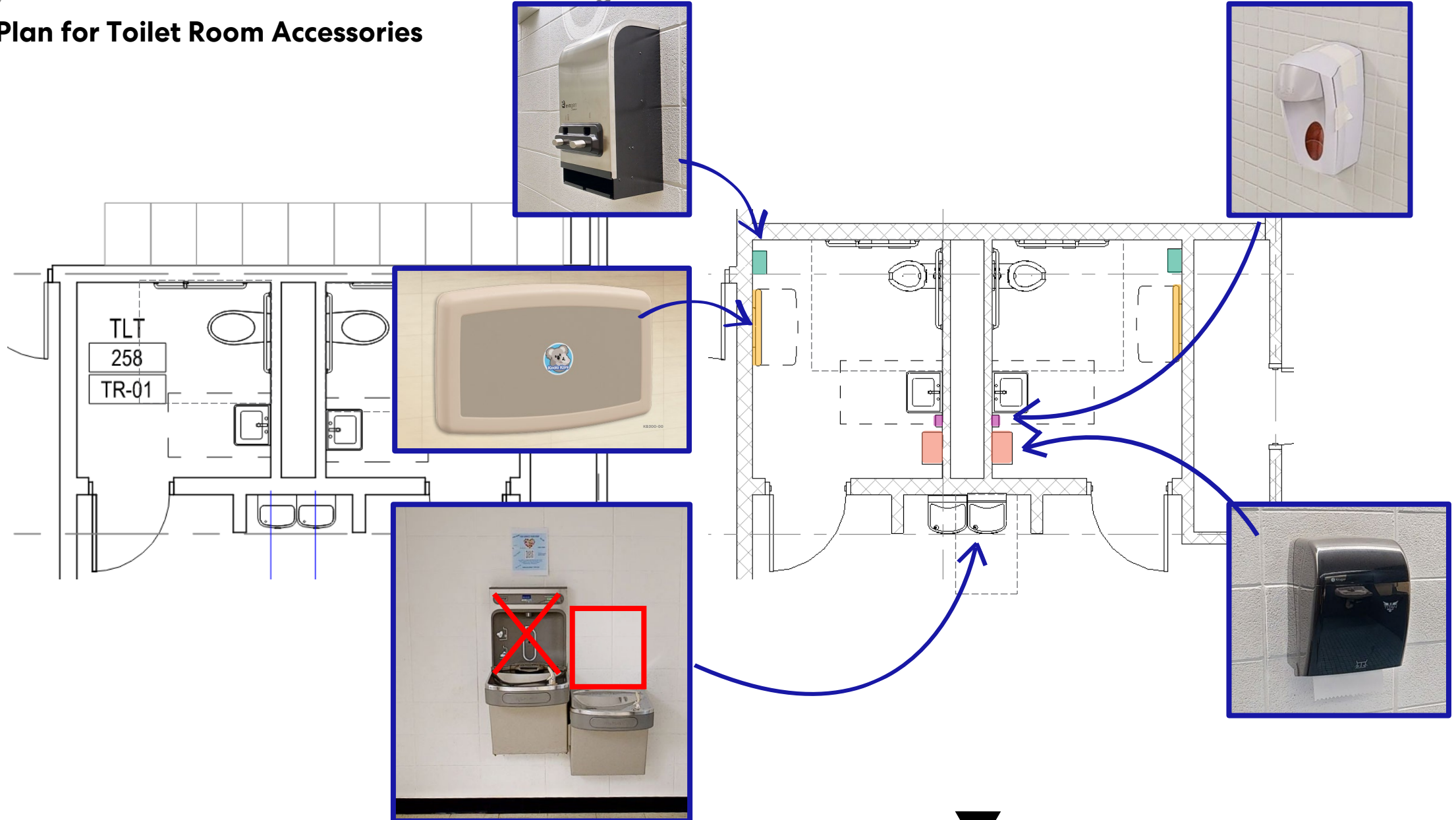
### Accessible Toilet Rooms & Client Décor





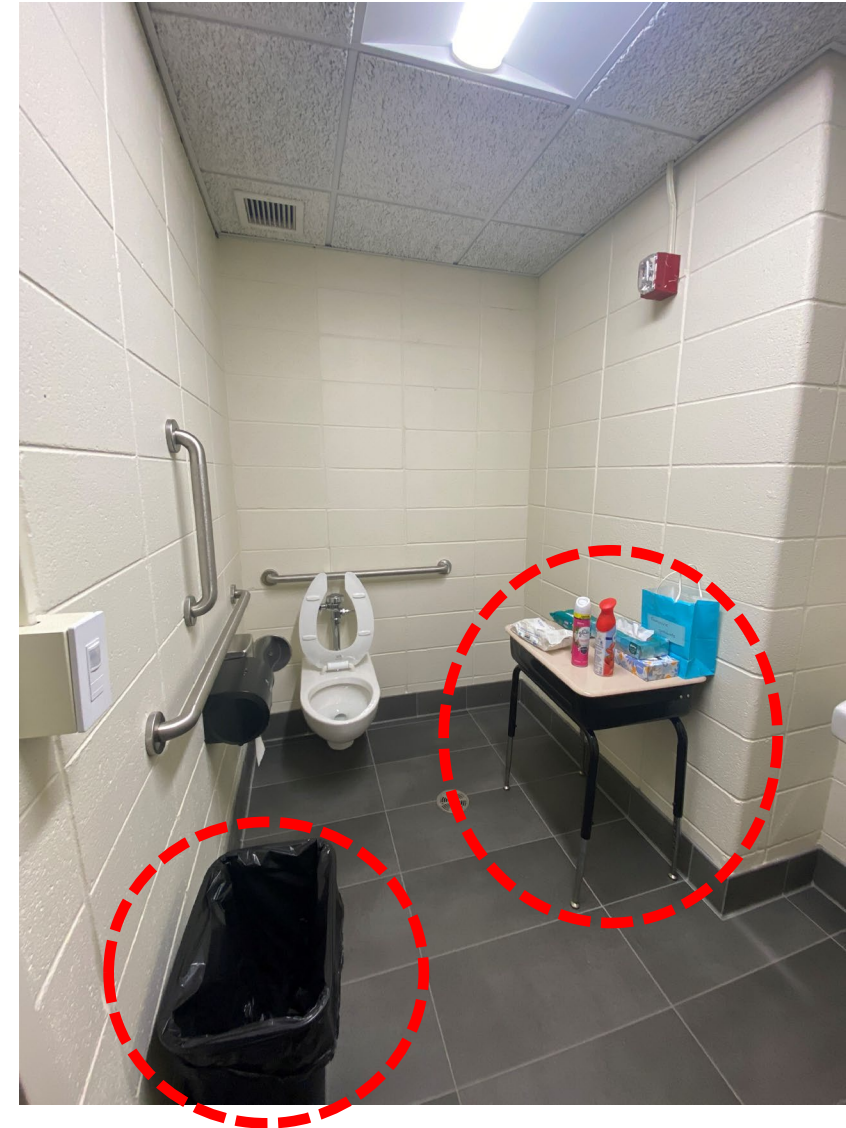
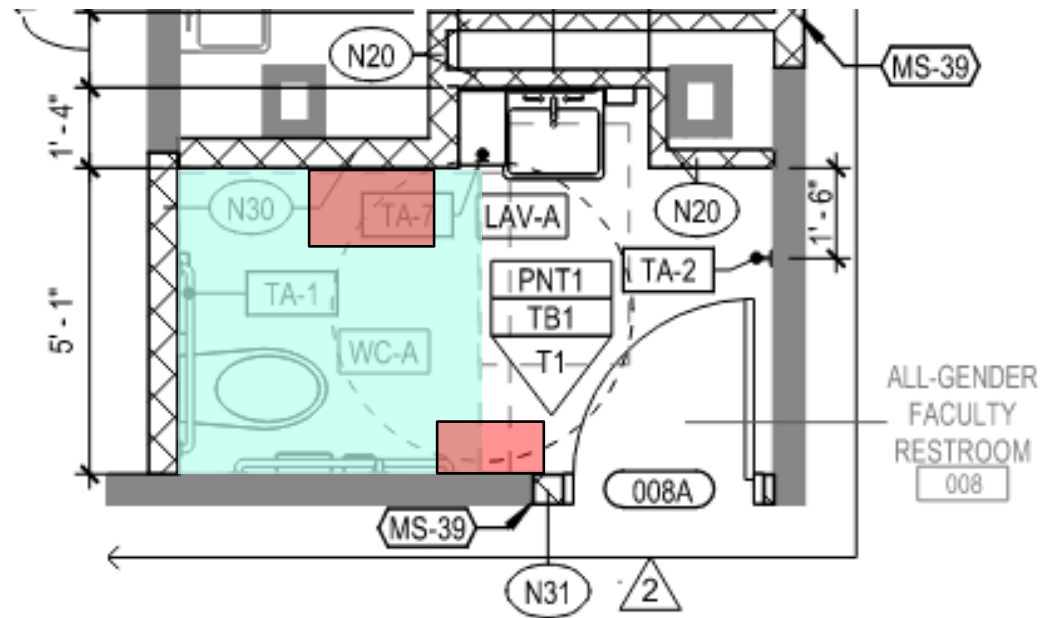
## Flushing it Out – Best Practices with Barrier-Free Design

### How to Plan for Toilet Room Accessories



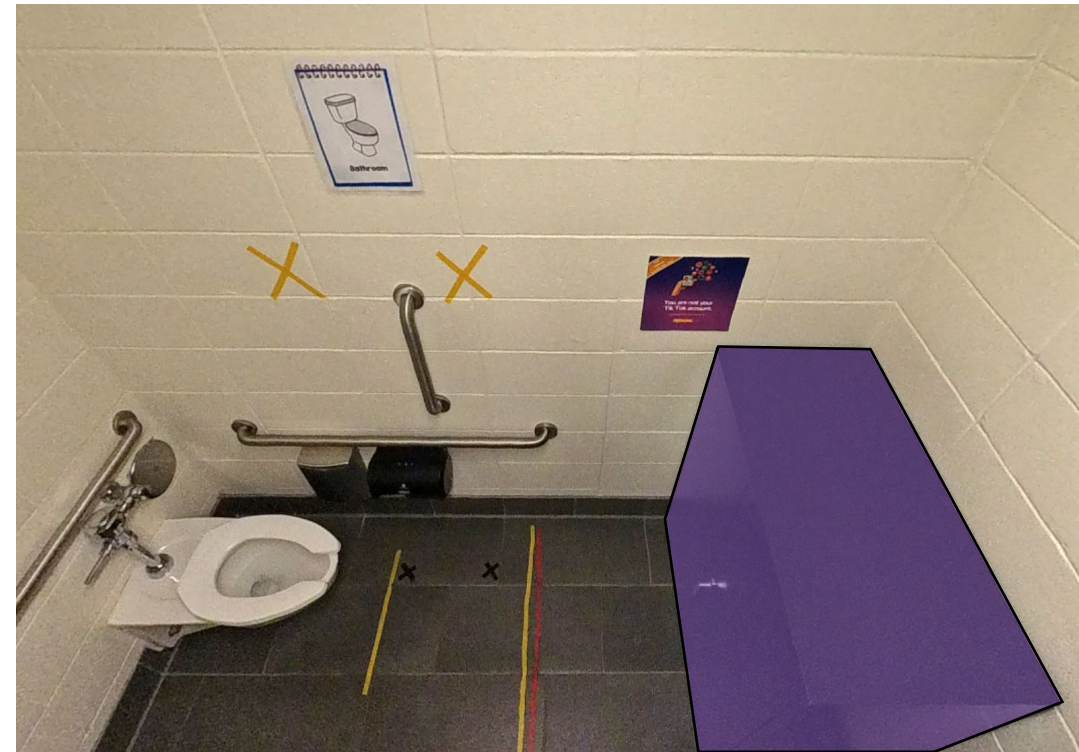
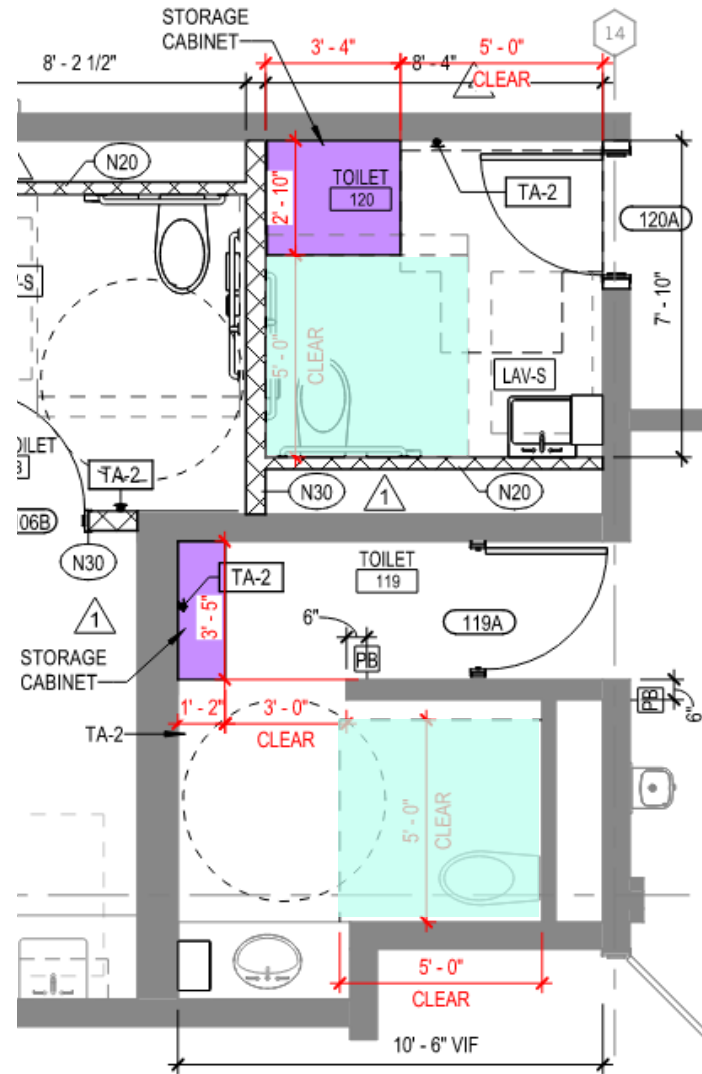
## Flushing it Out – Best Practices with Barrier-Free Design

### Case Study #4



## Flushing it Out – Best Practices with Barrier-Free Design

### Case Study #5





## Flushing it Out – Best Practices with Barrier-Free Design

### Fold-Down Side Grab Bars

Is a fold-down side grab bar allowed on the open side of the toilet?

On the open side of the toilet, this could be considered a departure from specs giving great or equal access (equivalent facilitation), **but recommend documenting the desire for it by the client.** Ensure that the fold-down side grab bar does not obstruct the water closet maneuvering clearance or use of the rear grab bar.\*

The Standards do not require or address additional folding or swing-away grab bars on the open side of the water closet. However, **if provided, they must be mounted so that they do not interfere with use of the required grab bars or the clear floor space at water closets.** Also, it is important they are properly secured.\*



\* Great Lakes ADA Center and Access Board Guidance

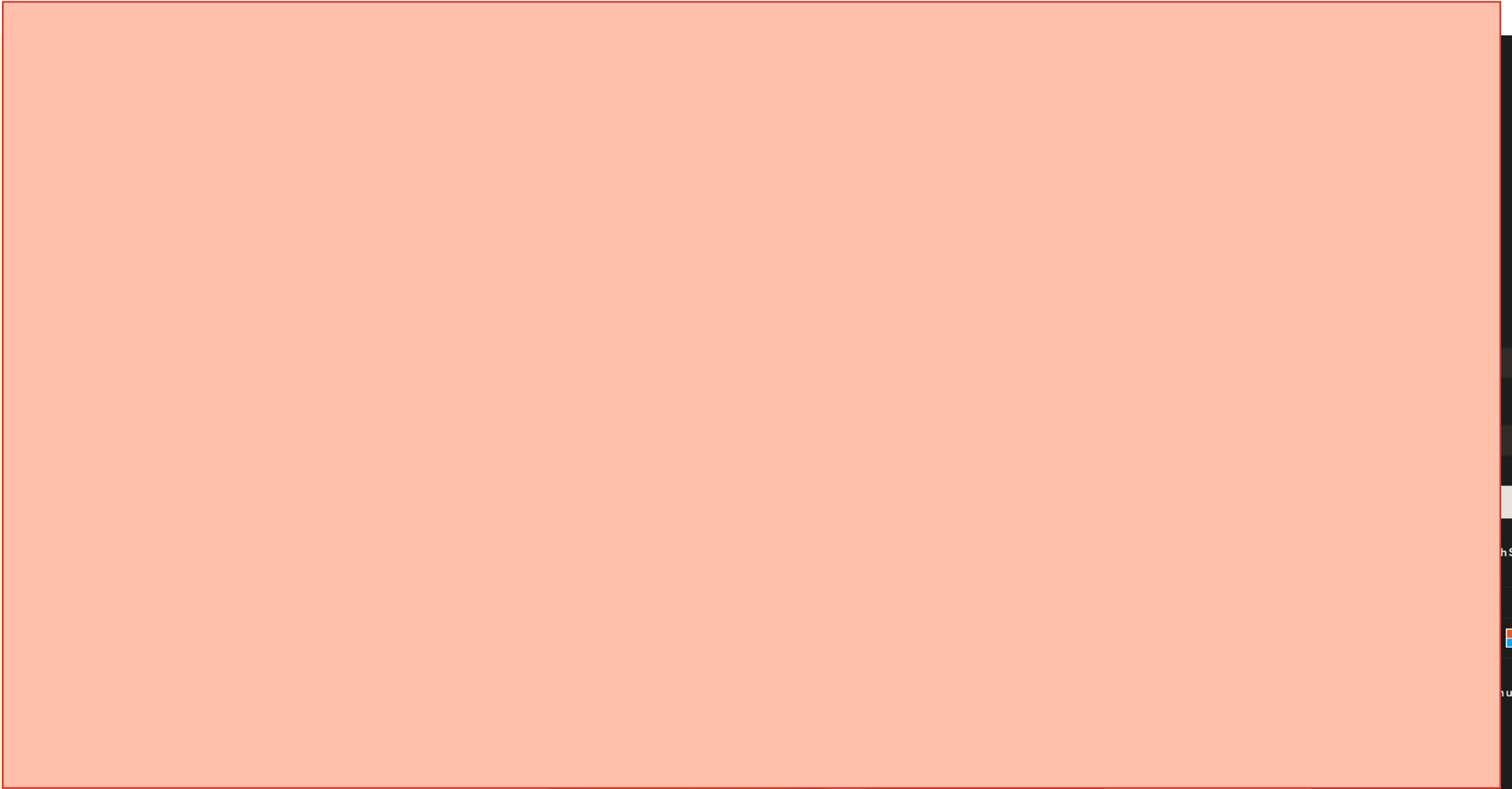


## Flushing it Out – Best Practices with Barrier-Free Design

### Case Study #6



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## Flushing it Out – Best Practices with Barrier-Free Design

### Case Study #7



**309.4 Operation.** Operable parts shall be operable with one hand and shall not require tight grasping, pinching, or twisting of the wrist. The force required to activate operable parts shall be 5 pounds (22.2 N) maximum.

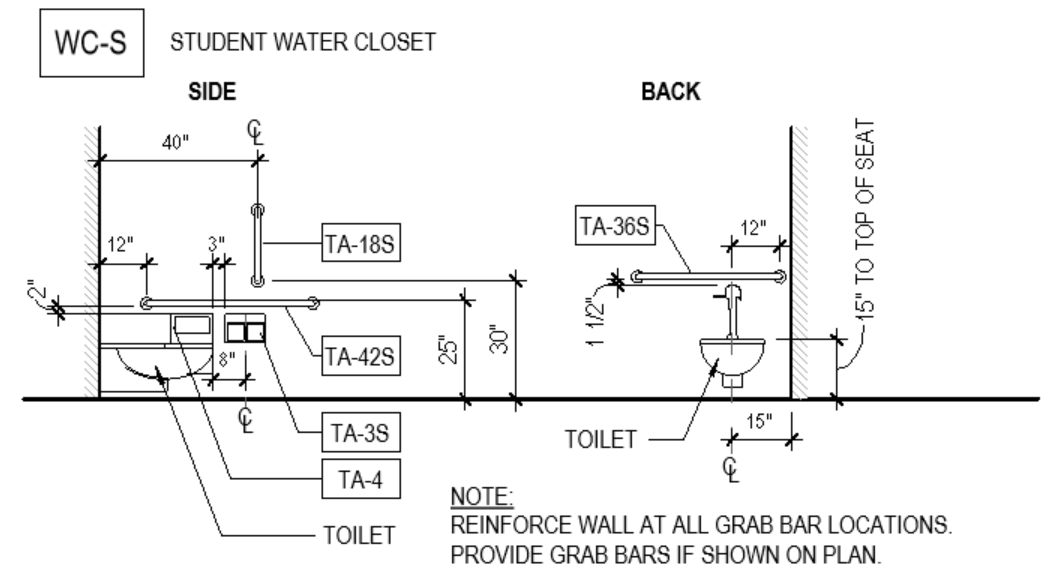
**606.4 Faucets.** Controls for faucets shall comply with 309. Hand-operated metering faucets shall remain open for 10 seconds minimum.



# Children Height Considerations

Advisory Specifications for Water Closets Serving Children Ages 3 through 12			
	Ages 3 and 4	Ages 5 through 8	Ages 9 through 12
Water Closet Centerline	12 inches (305 mm)	12 to 15 inches (305 to 380 mm)	15 to 18 inches (380 to 455 mm)
Toilet Seat Height	11 to 12 inches (280 to 305 mm)	12 to 15 inches (305 to 380 mm)	15 to 17 inches (380 to 430 mm)
Grab Bar Height	18 to 20 inches (455 to 510 mm)	20 to 25 inches (510 to 635 mm)	25 to 27 inches (635 to 685 mm)
Dispenser Height	14 inches (355 mm)	14 to 17 inches (355 to 430 mm)	17 to 19 inches (430 to 485 mm)

4. A knee clearance of 24 inches (610 mm) minimum above the finish floor or ground shall be permitted at lavatories and sinks used primarily by children 6 through 12 years where the rim or counter surface is 31 inches (785 mm) maximum above the finish floor or ground.
5. A parallel approach complying with 305 shall be permitted to lavatories and sinks used primarily by children 5 years and younger.



## Flushing it Out – Best Practices with Barrier-Free Design

The lowest grab bar height for small children and the conflict with available toilets has been brought to our attention several times recently, and **we have advised to install the rear grab bar as low possible and still clear the toilet but making sure the side grab bar is at the specified height for the age group.**

**If a toilet cannot be found to meet the height requirements for the rear grab bar we would recommend installing the rear grab bar as low as possible (maintaining the required below grab bar clearance).** As said before, the side grab bar shall be at the specified height for the age group being served.\*

\* Access Board Guidance on ADA Children's Height Advisory Specifications



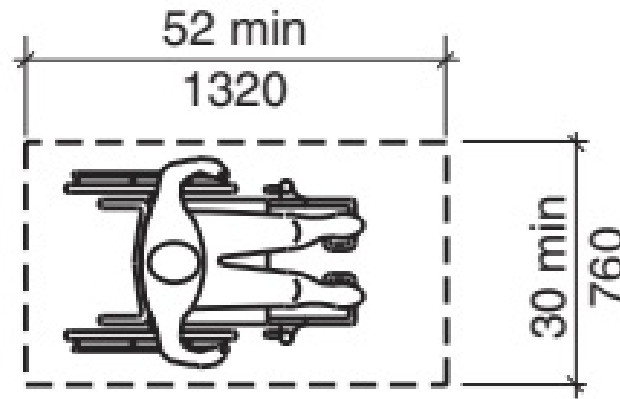
## Flushing it Out – Best Practices with Barrier-Free Design

### Case Study #8

	Ages 3 and 4	Ages 5 through 8	Ages 9 through 12
Water Closet Centerline	12 inches (305 mm)	12 to 15 inches (305 to 380 mm)	15 to 18 inches (380 to 455 mm)
Toilet Seat Height	11 to 12 inches (280 to 305 mm)	12 to 15 inches (305 to 380 mm)	15 to 17 inches (380 to 430 mm)



# 2017 ICC A117.1 – Accessible and Usable Buildings and Facilities



The **2017 A117.1** is referenced in IBC versions **2021 and 2024**. (Previous IBC versions typically referred to 2009 A117.1.)

Many of the updates directly relate to **an updated accessible clear floor space, 30" x 52"**. (Previously 30" x 48")

An updated required **turning radius of 67"**, combined with alternate turning options (T-Turns), is included. (Previously 60" turning radius)





Flushing it Out – Best Practices with Barrier-Free Design

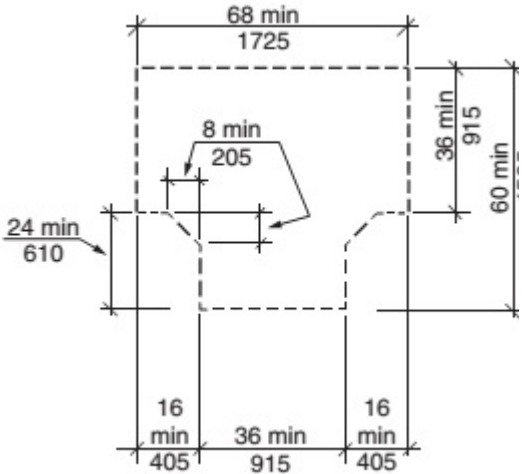
Turning Requirements – A117.1 Section 304

Circular

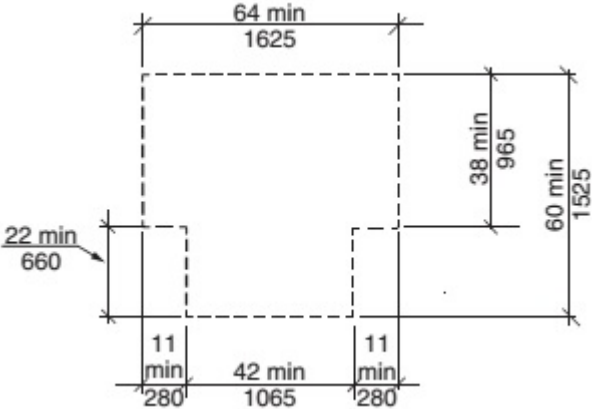


T-Turn

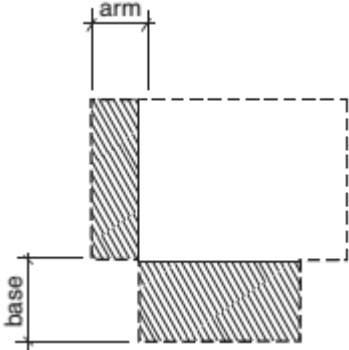
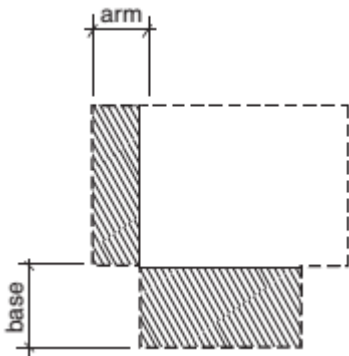
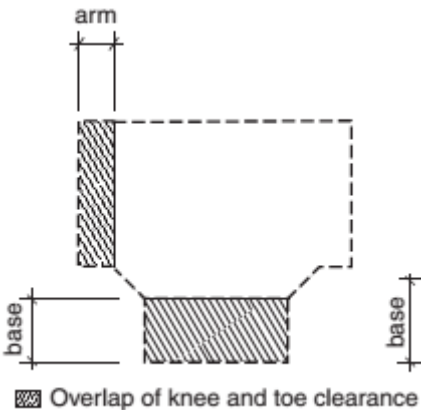
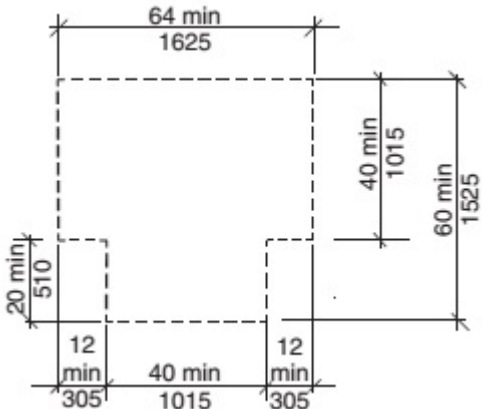
Option 1



Option 2

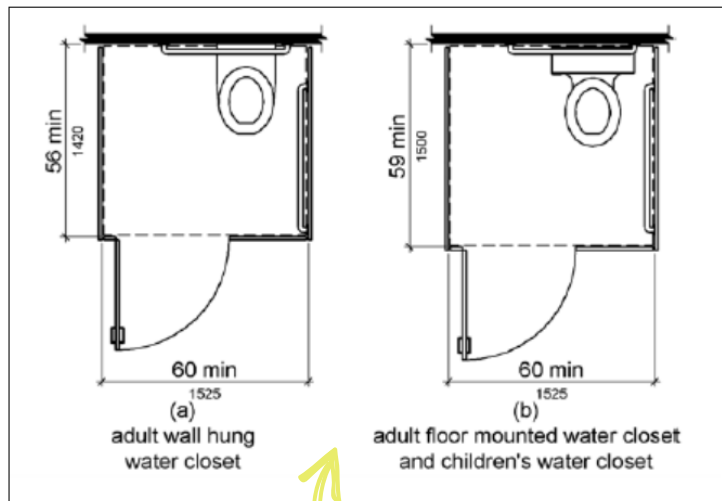


Option 3

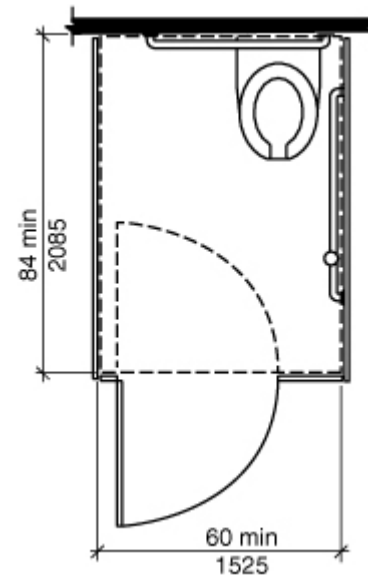


## Flushing it Out – Best Practices with Barrier-Free Design

### Alternate Wheelchair Compartment – A117.1 Section 604.9



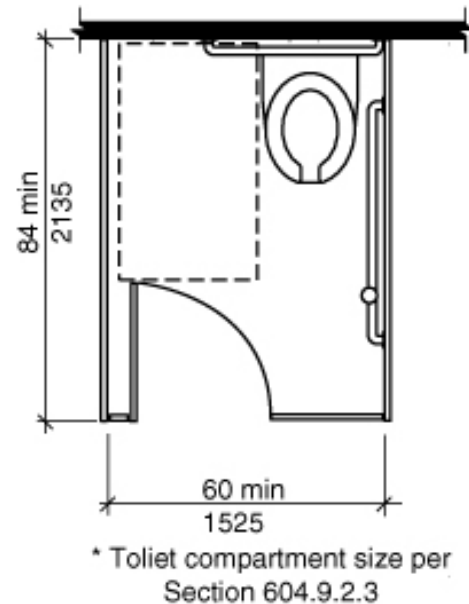
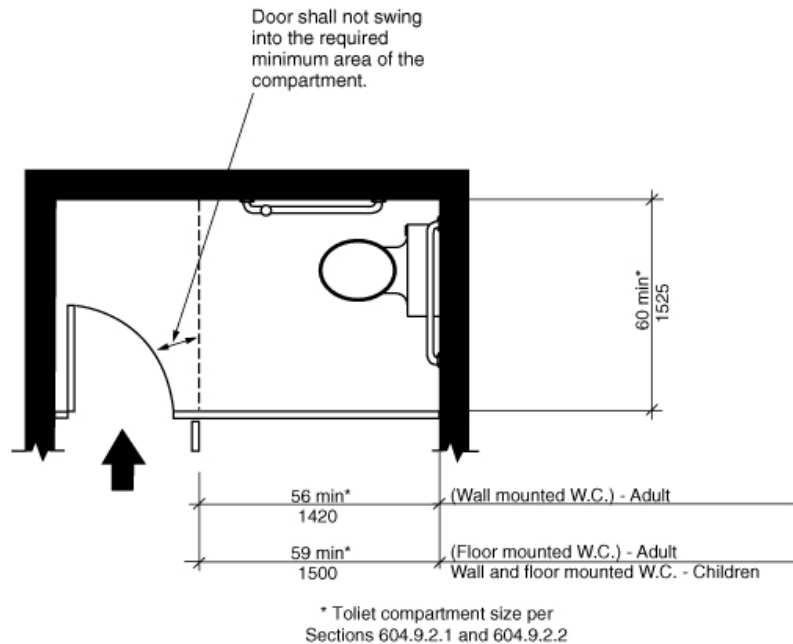
typical 56" x 60" and  
59" x 60" toilet stalls



The Alternate Wheelchair Toilet Compartment is an alternate to the typical wheelchair wall-hung toilet stall 56" x 60" and the typical wheelchair floor-mounted toilet stall 59" x 60".

## Flushing it Out – Best Practices with Barrier-Free Design

### Wheelchair Compartment Door Locations – A117.1 Section 604.9



Alternate door locations allow for the door to swing in to a stall, under certain conditions. These are door locations for the Wheelchair Toilet Compartment at the End of Stall Rows and for the Alternate Wheelchair Toilet Compartment.

Flushing it Out – Best Practices with Barrier-Free Design

Wheelchair Compartment Door Locations – A117.1 Section 604.9

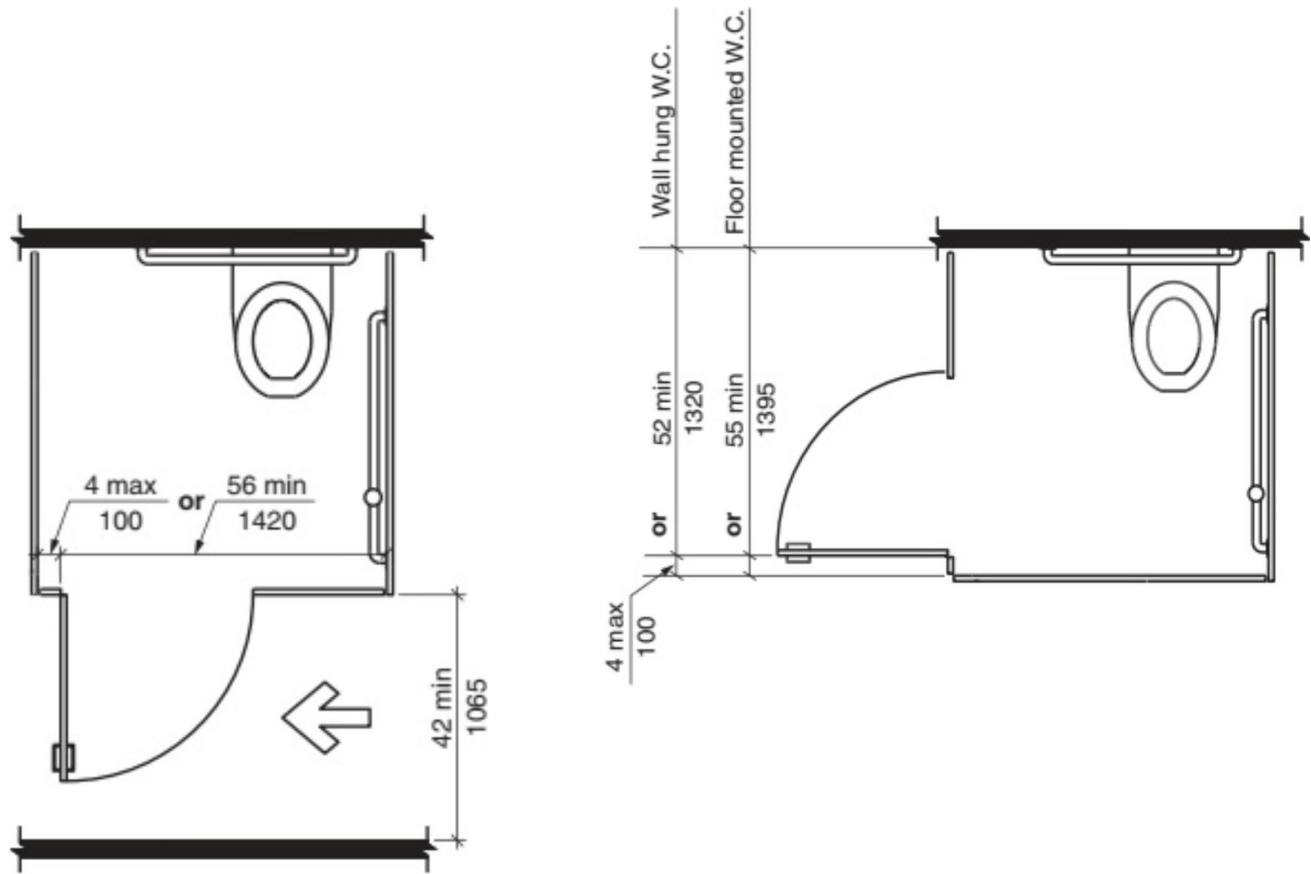


TABLE 604.9.3.1—DOOR OPENING LOCATION

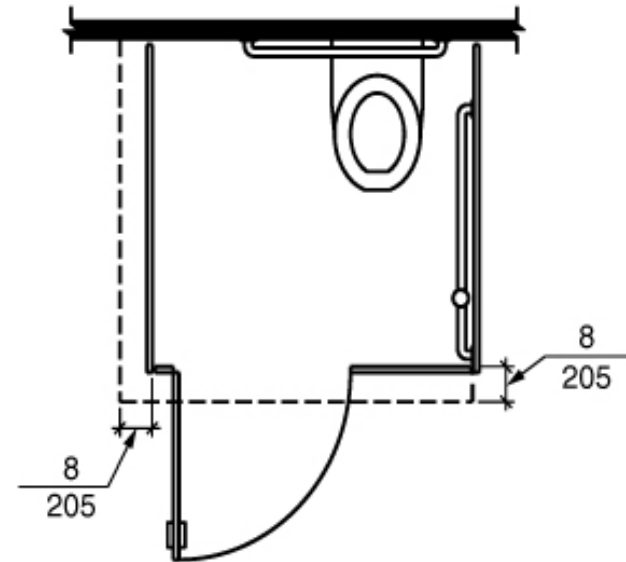
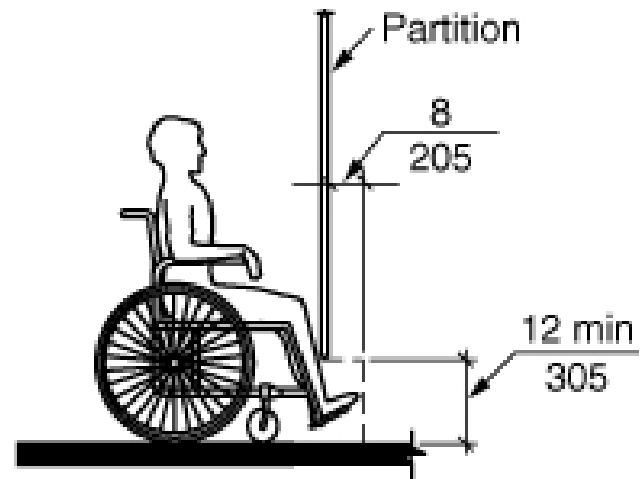
Door Opening Location	Measured From	Dimension
Front Wall or Partition	From the side wall or partition closest to the water closet	56 inches (1420 mm) minimum
	or	
Side Wall or Partition Wall-Hung Water Closet	From the side wall or partition farthest from the water closet	4 inches (100 mm) maximum
	From the rear wall	52 inches (1320 mm) minimum
Side Wall or Partition Floor-Mounted Water Closet	or	
	From the front wall or partition	4 inches (100 mm) maximum
	From the rear wall	55 inches (1395 mm) minimum
	or	
	From the front wall or partition	4 inches (100 mm) maximum





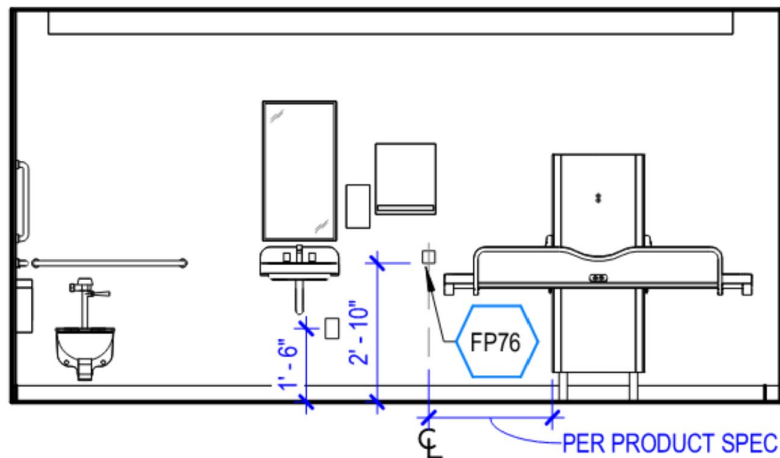
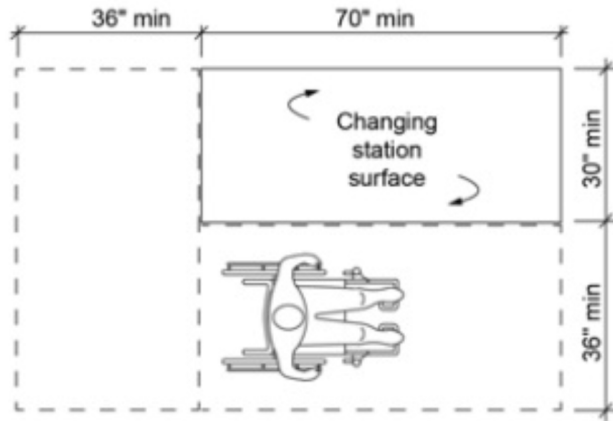
## Flushing it Out – Best Practices with Barrier-Free Design

### Toe Clearance – A117.1 Section 604.9



## Flushing it Out – Best Practices with Barrier-Free Design

### Adult Changing Stations – A117.1 Section 613.1



Requirements for Adult Changing Stations were incorporated into 2017 ICC A117.1 with supplement in May 2024. 2024 IBC details the required locations for the stations.

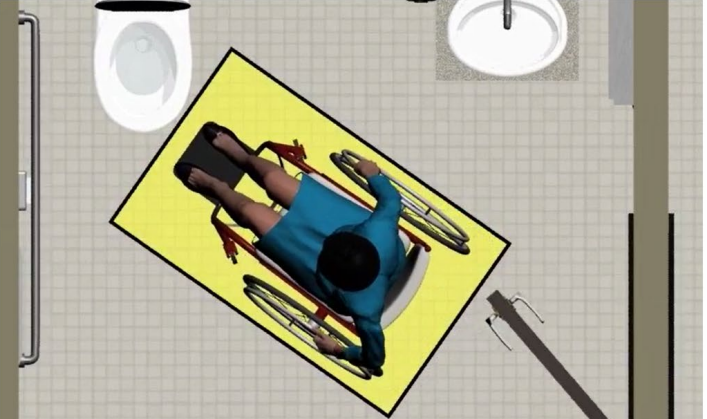
The end maneuvering clearance may be reduced from 36" required width under certain circumstances.




# U.S. Access Board

## Accessibility Animations

### Accessible Toilet Rooms




Required clearances provide sufficient room to enter, clear the door, turn around, and




#### Animations

- [Accessible Bathing Facilities](#)
- [Accessible Toilet Rooms](#)
- [Maneuvering at Doors](#)
- [Parking and Passenger Loading Zones](#)
- [Protruding Objects](#)
- [Sales and Service Counters](#)
- [Signs](#)
- [Wheelchair Maneuvering](#)



View ADA Guides

[www.access-board.gov/ada/guides/animations/](http://www.access-board.gov/ada/guides/animations/)



## U.S. Access Board

Advancing Full Access and Inclusion for All

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## Guide to the ADA Accessibility Standards

Chapter 1: Using the ADA Standards

Chapter 2: New Construction

Chapter 2: Alterations and Additions

General

Additions

Alterations

Alterations Affecting Primary Function Areas

Common Questions

Chapter 3: Floor and Ground Surfaces

Chapter 3: Clear Floor or Ground Space and Turning Space

Chapter 3: Operable Parts

Chapter 6: Drinking Fountains

Chapter 6: Toilet Rooms

Chapter 6: Bathing Rooms

Chapter 6: Lavatories and Sinks

Required Compliance

Lavatories and Sinks in Residential Dwelling Units

Clear Floor or Ground Space

Knee and Toe Clearances

Reach at a Lavatory

Faucets and Operable Parts

Common Questions

How can garbage disposals be accommodated at sinks?

Chapter 6: Washing Machines and Clothes Dryers

Chapter 6: Saunas and Steam Rooms

Chapter 7: Signs


Guidance on the International Symbol of Accessibility

Chapter 10: Amusement Rides

Chapter 10: Recreational Boating Facilities

This guide provides an introduction to the scoping requirements that form the basis for the Department of

### Common Questions



#### What type of sinks are exempt as “service sinks”?

As used in the Standards, the term “service sinks” is similar in meaning as “mop sinks” and refers to sinks used for janitorial or maintenance purposes.

#### Are work use sinks required to comply?

Sinks and other elements used only by employees for work are not required to comply (§203.9). Examples include sinks in restaurant kitchens and in laboratories not used for instruction. Providing access to work use sinks is advisable. Sinks in public and common use spaces not used solely by employees for work, including classrooms and laboratories used for instruction, must comply. Where multiple sinks are provided, at least 5%, but no less than one, of each type must comply (§212.3).

#### Are laundry room sinks required to comply?

Sinks in laundry facilities not used solely by employees for work, such as those provided for use by residents or guests in residential facilities, dormitories, and other transient lodging, must comply. Those located in commercial laundry facilities and used only by employees, as well as mop or service sinks located in laundry rooms, are not required to comply.

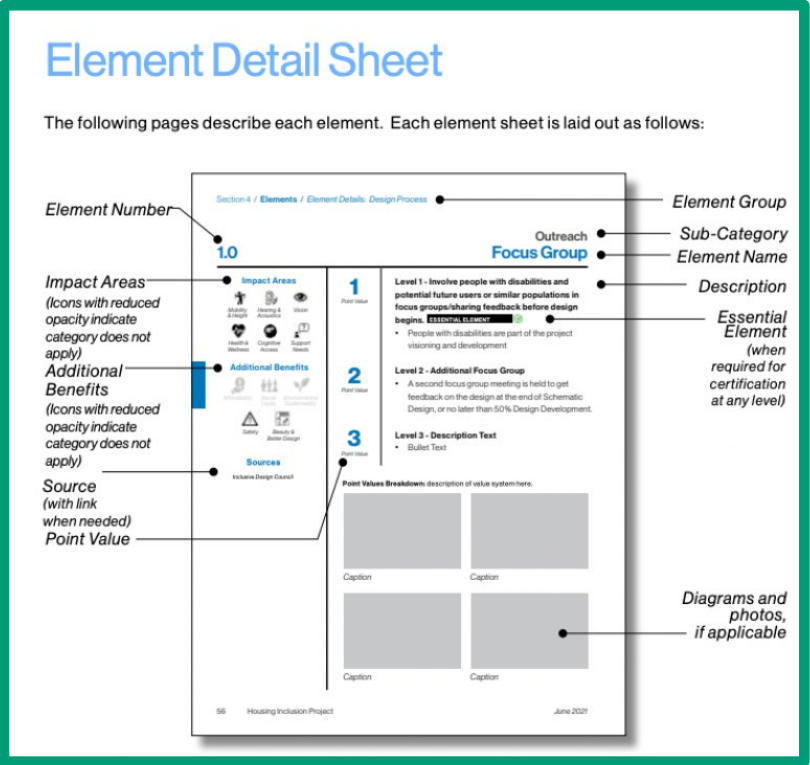
#### Must the clear floor space at lavatories and sinks be centered?

No. It is advisable, though not required, that the clear floor space be nominally centered on the fixture. However, the clear floor space must fully underlie the fixture.

# Inclusive Design Standards

300 elements within the standards, that could aid design and inclusion

The Kelsey, with Mikiten Architecture



multi-disciplinary team of architects, designers, developers, and industry professionals workshopped the standards



26% of people have a disability, yet it's estimated that less than 6% of the national housing supply is designed to be accessible. As housing communities are created, they don't often meet the diverse accessibility and inclusion needs of people with disabilities. While code sets the baseline for what's required, no holistic guidelines define an implementable, progressive approach to creating truly accessible and inclusive housing. The Housing Design Standards for Accessibility and Inclusion aim to equip designers, builders, and developers with guidelines and frameworks for disability-forward housing creation.



equip users with a guideline for disability-forward design



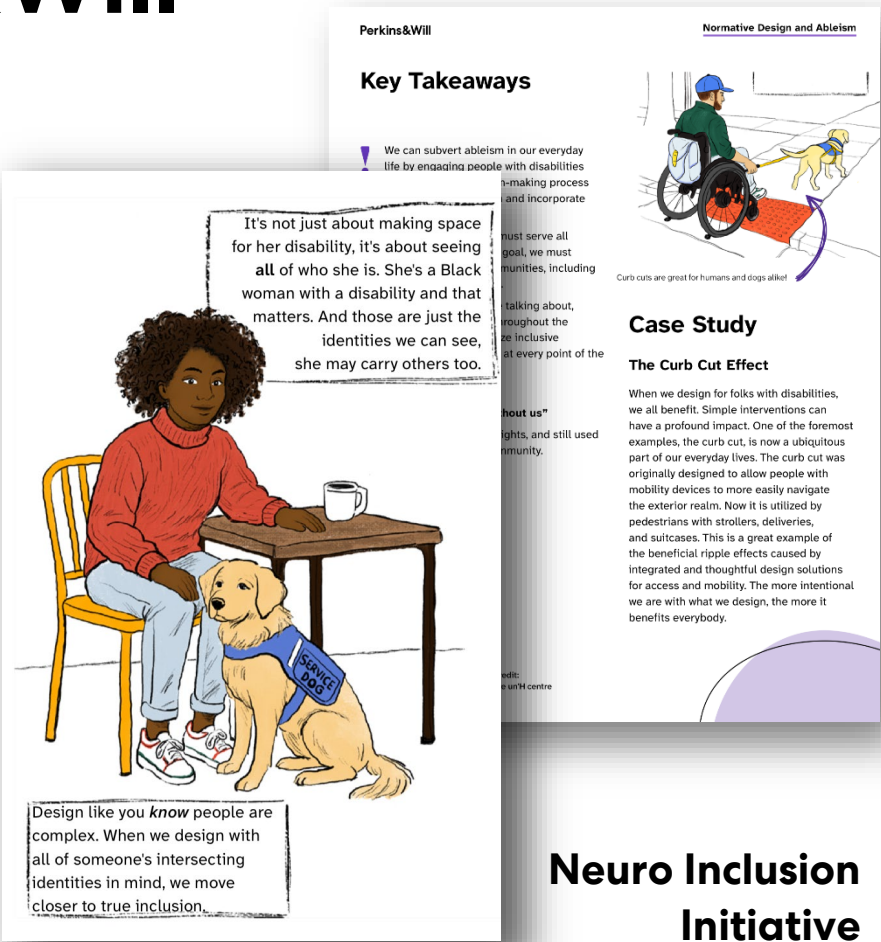
## Team

The Kelsey created the Design Standards in partnership with Erick Mikiten of [Mikiten Architecture](#). They were shaped with the support of our Inclusive Design Council as well as workshops with designers, developers, and architects.



# PRECEDE Research at Perkins&Will

Disability  
Inclusion  
Initiative →



→  
Neuro Inclusion  
Initiative



← Women's  
Health  
Initiative

### Why are Sensory Rooms Not Enough?

When we think of sensory rooms most likely an image comes to mind of a dark, enclosed room with soft lighting, fiber optic lights and soft chairs. This is a valid sensory room for one individual, however it meets the needs of only one certain individual. If we question how this space could accommodate someone who is visually impaired, prefers bright spaces or has mobility constraints we may consider alternative sensory designs. A holistic sensory experience has the opportunity to move beyond just one room.

As we move through space, our sensory input changes.



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# Thank You!

## Q / A

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