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For a sample of findings, click on the QR code

# THE SCHOOLYARD *Greenprint:*

## Transforming Schoolyard Spaces into Places for Student Wellbeing

In the face of rising adolescent mental health concerns, schoolyards can be a preventative tool to help students manage stress during the school day.

Time outside helps youths by encouraging risk-taking, developing resilience, improving social skills and enhancing creativity. In high school, students use school grounds almost daily, yet little is known about the effect of their design in shaping student behaviour and wellbeing.

The “Schoolyard Greenprint” is a research study investigating how schoolyard spaces can better support teenagers as they navigate the intense emotional, social and physical changes that accompany adolescence.



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